



'Shoebury Matters' January 2023

SRA Membership Renewal

A reminder that your Membership renewal of £5 per person or £8 per household is due by 31st March 2023. Please could you return the attached form by the due date.

If you joined the association within the last year, you will already have been informed that your membership lasts until March 2024. There is no need to register again.

2023 AGM

The AGM this year will be held at 7.30 on Tuesday 16th May at St Andrews Church Hall. Further details will be given in future newsletters, the Shoeburyness Residents' Association Spring magazine, FACEBOOK and on our Website.

Getting To Know You

Groups and Organisations based in or working with Shoeburyness residents.

SAVS Southend Association of Voluntary Services

SAVS is an independent charity known as a council for voluntary service or CVS. That means they work behind the scenes to help local charities and community groups achieve their full potential. They do this by:

- supporting them with training, advice and practical help.
- promoting the work they do
- helping them raise money and spend wisely.
- keeping them informed about changes in the charity sector.
- bringing them together to exchange ideas.
- representing their views to local government, funding bodies and others.

SAVS have been supporting not-for-profit groups in Southend for more than 30 years.

In Shoeburyness we benefit from **Folk Like Us** a free service, providing support and advice to people over the age of 55, living in the city of Southend who are experiencing loneliness and isolation. The Folk Like Us Shoebury Hub is open on Mondays between 10am – 2pm at 151 West Road, Shoeburyness, SS3 9EF. **HUB 151**. You will see our signs at the front and side of the old church building directing you to our Hub. There is support and information available and a chance chat to others over a cuppa.

We are also a part of a pilot project, **Community Builders** with our own project leader **Rob Carvosso**, sponsored by Shoeburyness Resident's Association.

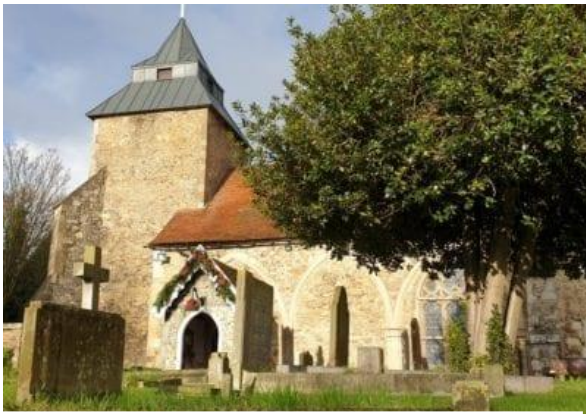
Community Builders help by:

- Meeting with local residents and groups to identify their gifts and passions
- Encouraging people to build stronger communities and take action
- Sharing useful and relevant local information
- Signposting people to local riches: the groups, activities and services
- Showcasing the fantastic things happening across Southend
- Taking residents views and voices to the Local Authority and Health partners



Rob Carvosso
Shoeburyness
Community
Builder

During 2022, one of the many activities supported by Rob was the monthly community coffee mornings where members of the public had a chance to meet informally with representatives from different services such as Health and Police.



The venue for the monthly Community Coffee mornings is now the Church Hall at St Mary's, next to ASDA.

Good News from Rob

The new year 23 is off to a great start with the first community Coffee Morning taking place. The last one was back in November and was so popular that it outgrew the coffee shop at Asda. St Mary's church who attended, kindly offered the use of their church hall for future use.

After a couple of meetings and planning we met this month. The session was attended by around 30 members of the community and had groups such as Citizens Advice Bureau, Community Safety, East Primary Care Networks link workers and the Samaritans.

It was great to do more partnership working and see additional community members come and meet the amazing groups. I'm really looking forward to the next one at St Mary's church hall on **Thursday 9th February 10.30 – 12.30**.

Get in touch with Rob: Mon-Fri 07534 337503

rcarvosso@savs-southend.co.uk Southend Association of voluntary services **SAVS**



Small Sparks Fund

Funding for community projects in Milton, Shoebury and Victoria Wards



Scan me to find out more

The Small Sparks Fund provides grants of up to £100 to residents, businesses and community groups who want to make positive change within their communities.

What does it fund?

Ideas and projects should fall within one or more of the Southend 2050 Themes; Pride and Joy, Safe and Well, Active and Involved, Opportunity and Prosperity or Smart and Connected.

We're looking to fund ideas that promote local opportunity, strengthens connections or shares time and skills.

Ideas should primarily benefit people who live within the area.

Small Sparks cannot be used to Fund:

- Projects which promote political or religious aims.
- Activities which financially benefit an individual, business or 'for profit' organisation.
- Anything unlawful.

A total of £3,300 is available in each of the areas; Milton, Shoebury and Victoria. £1,100 of which will be released every four months of the first year. For more information about the Small Sparks Fund, use the button below to download our guide.

[Small Sparks Fund Guidance](#) [Online Application Form](#)



Shoeburyness Library

Delaware Road, Southend-on-Sea, Essex, SS3 9NS

Shoeburyness Library is a community hub library located on the first floor of the Shoeburyness Youth & Community Centre. The library is the newest addition to Southend Libraries 6 branches, with a great selection of fiction, non-fiction and children's items, there's plenty to explore!

Everyone is welcome to sign up to Southend Libraries to access a fantastic range of books and Online resources. To begin enjoying our services, please visit our catalogue and follow the simple online registration procedure: <https://southend.spydus.co.uk>

Pop along to Shoeburyness library to use the photocopying service, the free public WiFi or free computer access on the People's Network. The library is wheelchair accessible via a lift, with free accessible off street car parking located adjacent to building. A hearing aid loop is available and public toilets including disabled toilets are located on the ground floor.

Self-service machines are available for you to issue your selections and return your books; and sanitising stations are conveniently situated within each library.

If you would like to use a library PC, **the People's Network** is available through an advance booking system. Please book your 1-hour, self-service slot, by contacting Shoeburyness Library.

For remote access to resources, an extensive Online Reference Library is free to all Southend Libraries members. To view our full complement of e-resources including e-books, e-audio, emagazines and newspapers please visit our catalogue and follow the links: <https://southend.spydus.co.uk>

Contact Details Tel: 01702 215011 Renewals: 01702 215011

Opening Times Monday to Saturday - 9am 'til 5pm

Bookstart Storyrhymes at Shoeburyness Library Fridays at 10.30am

Free and Fun Weekly half hour sessions of stories, songs, and rhymes for children from birth to 5 years old.

BOOKING ESSENTIAL: Visit Shoeburyness Library or call 01702 534010 to book



Online Home Safety Check

A new online home safety check service makes it easier for you to spot fire risks in your home and gives advice on how to help you stay safe at home.

Last year, Essex County Fire and Rescue service attended nearly 700 house fires across Essex with cooking and faulty appliances being the highest causes.

In a bid to reduce the number of house fires, the online home safety check service will allow you to evaluate your own risk by answering some simple questions about charging phones, working smoke alarms, cooking, fire escape plans and much more. The unique tool provides tailored advice and handy tips throughout to help reduce the risk of a fire within the home.

Answers will then be calculated with the level of risk. Some people who score highly may be offered a free home safety visit by a member of the fire service.

The check takes around five minutes and can help you stay safe at home.

<https://www.essex-fire.gov.uk/online-home-safety-check>

Essex Police Dispatch - Crime prevention advice

Protect yourself from street robbery.

Here are some useful ways to keep you and your property safe on the street.

Look confident

You are less likely to be targeted if you look confident. Move with purpose and try to be aware of your surroundings.

Know where you're going

Plan your route and think about what to take with you, especially if you're going somewhere you haven't been before. Keep to busy, well-lit streets, walkways and paths which are more likely to be covered by CCTV. Only take licensed taxis or minicabs booked by phone or a mobile phone app.

Hide it

Keep your mobile phone and valuables out of sight. If you're using your phone it's more likely to be snatched from your hand as you're not paying attention to your surroundings, so look around you.

And never leave a mobile, any other device, wallet or purse on the table of an outdoor café, pub or restaurant. Same goes for any jewellery you might be wearing – keep it covered when walking down the street.

Finally – and this is so important to remember – if you're threatened with violence, don't risk your personal safety. Property can be replaced, you can't.

For more crime prevention advice, visit our [website](#).

Out and about in Shoeburyness

If you want to be more active but are not quite sure where to begin, why not try a health walk?



Health Walks - Shoeburyness

The Southend Health Walk Scheme is helping people lead a more active lifestyle. The group walks are short, over easy terrain, with trained volunteers on hand to provide support. All walks are free of charge.

11:15am Tuesdays – meet at Shoeburyness Hotel High Street Shoeburyness

For further information, please contact Angela on **07771 926932**

News from East Beach - East Beach Cafes

In October 2021 it was reported that SHOEBURY'S East Beach could be boosted by three new cafés under a £2million overhaul of the shoreline. The revamp would see two new cafés with eco-friendly roofs built at the site of the old Shoebury East Beach café which burnt down more than 20 years ago. However, if uptake is good, a third café would also be built. It is hoped that by having three eateries at least one will always be open to the public.



We have just been told by our Ward Councillors that a local Builder has been appointed to erect TWO of the beach units at this stage, with the 3rd to follow at a later date. We have no firm idea if they both will be cafes, so watch this space.

We are told that after pre-stage planning conditions, they should be completed by September 2023 leaving the leaseholder to fit them out.

Keep Our Street Lights On

Our Council is looking to save £25,000 by turning our lights onto a reduced dim output overnight, which will place our residents at risk. Although we appreciate any sensible savings options; when they spend £10m on Consultants and Agency staff, this seems too risky?

If you want to oppose, then please click on the link below and sign in:

<https://tinyurl.com/Keep-our-Streetlights-on>

New Health Centre for Shoeburyness is one step closer



The Old Hospital damaged by fire in 2018

Following a wait of more than ten years, work is finally due to begin on the new Shoeburyness Health and Wellbeing Centre. The site for the centre, The Old Hospital, in Ness Road, was agreed following a public consultation meeting in June 2022.

James Moyies, Conservative councillor for Shoeburyness, said shortly after the site was agreed: "This will be so much more than just a health centre. It will be a health and wellbeing centre with so much more in it."

Following the announcement, Peter Lovett, chairman of Shoeburyness Residents' Association, said: "It is fantastic news. We've been fighting for this for the last 10 to 15 years to get a better service in Shoebury."

He added: "It's great they are finally doing this after so many years of waiting. Our doctors are getting stressed and are overloaded so it is very much needed."

In January 2023 the NHS announced that a contract has been placed to demolish the *Old Shoebury Hospital* in Ness Road, which is stage one to proceeding with our New Health Centre.



Shoeburyness Heritage Trail

Churchill, Florence Nightingale and Vikings! There's more to Shoebury than meets the eye...

Located on slightly raised land at the mouth of the Thames estuary, Shoebury has been strategically important since prehistoric times. There is archaeological evidence showing that humans have occupied or used the site since the Bronze Age.

The trail is approximately 1.8 miles long with some uneven ground in parts.

Public toilets are available at Campfield Road and Shoeburyness seafront near the car park entrance on George Street. Limited options for refreshments are available. Dress for the weather & wear comfortable shoes with good grip. Take care when following the trail, especially when near traffic, crossing roads or when on uneven ground and please respect other people's privacy. For your safety, observe all official warning instructions and notices along the sea wall. **Now it's time to explore, discover and enjoy!**

Trail Route

Starting Point Site of the Old Palace Cinema (now a convenience store and flats)

Old Palace Cinema to The Old Garrison Pub: 0.4 miles, 8 minutes, mostly even ground.

From the site of the Old Palace Cinema, go up Campfield Road. You will see Shoebury Cenotaph on your left. Continue along Campfield Road for 0.3 miles until you get to the Old Garrison Pub on the left.

Old Garrison Pub to Old Hinguar School: 0.1 miles, 2 minutes, mostly even ground.

From the Old Garrison Pub, continue along Campfield Road a short distance until you get to Hinguar Street. Then go left and follow the street around a short way until you see the Old Hinguar School on your left.

Old Hinguar School to Shoeburyness Hotel: 0.1 miles, 3 minutes, mostly even ground.

From Old Hinguar School, continue up Hinguar Street until you get to the junction with High Street. Then go right on High Street, passing a row of shops on your left. Keep going until you get to The Shoeburyness Hotel where High Street ends.

Shoeburyness Hotel to Shoeburyness seafront: 0.1 mile, 2 minutes, mostly even ground.

From Shoeburyness Hotel, look across the street to the house on the corner of Rampart Street. To the left of the old gates to the Garrison is the site of the old Coupe's stores. From the old Coupe's Stores, make your way up Rampart Street towards the seafront. After a short way you will see the old wall of the Garrison on your right. Stop when you get to the seafront.

Shoeburyness seafront to Garrison Memorial: 0.2 miles, 3 minutes, mostly even ground.

From the corner of Rampart Street, facing the sea, go through the opening in the wall on your right. This is the entrance to the garrison, continue on the path (with the sea now on your left) for a short distance. After 0.2 miles/3 minutes, the path will bend to the right and you will see the Garrison Memorial on the grass to your right.

Garrison Memorial to Garrison Hospital: 0.1 mile, 2 minutes, mostly even ground.

From the Garrison Memorial, go along Chapel Road away from the sea for about 300 feet. Then at Hospital Road turn right and you will see the old Garrison Hospital, 80 yards down on your left.

Garrison Hospital to Horseshoe Parade: 0.2 miles, 3 minutes, mostly even ground.

From the old Garrison Hospital, retrace your path back to Chapel Road, then go right. Cross over Brigadier Way and Horseshoe Crescent, you will then see the clock tower of Horseshoe Parade on your right.

Horseshoe Parade to the Danish Camp (Vikings!): 150 yards, 2 minutes, mostly even ground with some grass.

From the clock tower, go down Warrior Square Road which is immediately opposite. Opposite the corner of the cricket field you will see a large gap between the houses, with some low black metal fencing. Go through the gap onto the grass until it opens out into a large field – you are now on the site of the ‘Danish Camp’.

Danish Camp to Powder Magazines: 300 yards, 2 minutes, grass and some uneven ground.

Make your way back out onto Warrior Square Road and turn left, then go straight, with the cricket field on your right. Where the road bends, take the left-hand road and after about 50 yards take the pathway on the left side. A short distance along this path, you will see on your left, two old buildings known as the Powder Magazines.

Powder Magazines to Coastal defences in Gunners Park: 100 yards, 1 minute, some uneven ground.

From the Powder Magazines, continue along the pathway for about 50 yards until you get to the road which is Mess Road. Two heritage boards are located here, providing more information about the area.

From the information boards, go right, through the bollards and along the pathway. To your left, on the coastline, you should see two separate Searchlight Emplacements, which formed part of the coastal defences.

Coastal defences to Heavy Quick Firing Battery: 500 feet, 1 minute, mostly even ground.

From these coastal defences, continue along the path, with the sea to your left, until you reach the Heavy Quick Firing Battery on your left.

Heavy Quick Firing Battery to Gun Pit: 500 feet, 2 minutes, some uneven ground.

From the Heavy Quick Firing Battery, continue along the pathway that passes behind the building (with the sea still on your left). After about 100 yards the path will bend to the right but keep straight on the dirt track. After about 20 yards you will see the Gun Pit on your left.

Gun Pit to Substation: 20 yards, 30 seconds, some uneven ground.

The Sub Station is very close to the Gun Pit, a few yards on to your left

Substation to Experimental Casemates & Caisson for Mulberry Harbour: 70 yards, 1 minute, some uneven ground.

Continue along the dirt track, back up towards the sea wall until you see the Experimental Casemates building. **This brings us to the end of the trail.**

Shoebury Hub

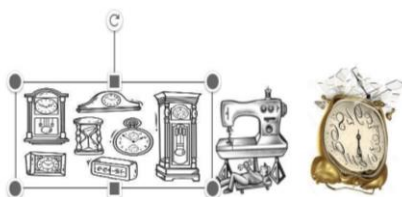


151 West Road

MTS REPAIR WORKSHOP

NEED ANYTHING MENDING?

Our MTS repair workshop is now opening every Tuesday morning from 10.30 – 12.30 to take items you have been meaning to get fixed but haven't got round to it yet. Kris is one of our wonderful volunteers and is the best at getting things going. He has repaired clocks that click and chime, alarm clocks, treasured heirloom clocks, hoovers, lights, radios, electrical kitchen appliances and much more. If you have something that needs looking at, bring it in for assessment.



The workshop can be found at the back of HUB 151 in West Road. Walk round the side of the hub and there we are in the back garden...

Children's Playgrounds in Shoeburyness

We heard from the Council that £1m from Developers 106 money is going to be spent on Children's Playgrounds in Southend and the good news is that £150,000 has been set aside for Friars Park. which is thanks to our Ward Councillors.

With the fantastic improvements following the new playground on Shoebury Common, we have reminded our Ward Councillors of the importance of such facilities, especially in deprived areas and have asked them to apply for funding to support a **new playground on East Beach**. As you know we were promised this 2 years ago as part of the East Beach upgrades but was taken out following increases in other funding areas.



Please encourage your Councillors to support this request.

A Focus on Youth **Livewell Southend**

Club INK SEND youth group - Shoebury Youth Centre

Want to make new friends or try new activities?

Club Ink is a friendly, weekly group for children and young people with SEND offering a range of fun things to do including team games, arts and crafts, pool and table-tennis.

Club Ink Juniors is for ages 9 to 16 and runs on Thursdays 6pm to 7.30pm.

Club Ink Seniors is for ages 16 to 25 years and runs on Thursdays 7.45pm to 9.15pm.

[Check out our video.](#)

For more details or if you'd like to go along, contact Debbie Knott on debbieknot@southend.gov.uk or telephone 01702 298495.

There is also a group for 5 to 8 year olds called [Sycamore Club](#) which runs on Wednesdays 4pm to 5.30pm. For further details contact Eva Majid by email: evamajid@southend.gov.uk.

Sessions are free to attend.

You can follow the Youth Support Service on [Facebook](#) and [Instagram](#).

FORWARD MOTION

*This is a charity that wants to encourage **SMARTER TRAVEL** by using your bikes, public travel, walking etc.*

Just Ride Southend runs regular drop-in inclusive cycling sessions for people of all ages and abilities. Based at Southend Leisure & Tennis Centre at Garons Park. They provide a safe traffic-free experience with our specially adapted cycles to cater for all disabilities or health conditions. With the aim to provide a safe fun experience for everyone. <https://justridesouthend.com>

Southend Wheelers Cycling Club are one of the premier cycling clubs in Essex and the south-east of England. They cater for all ages from 12+ and most aspects of the sport, offering everything from the enjoyment of leisure cycling to the thrills of road racing, track and time trialling, and for those who like to ride off-road we have Cyclo-cross, MTB and gravel opportunities. [Home | Southend Wheelers | Essex Cycling](#)

Everyone Health are teaming up with Southend-on-Sea City Council, they are here to help with every aspect of health, fitness and wellbeing, with all of their programs proven to have

Simply Stride have unique walking sessions apply gentle yoga, Pilates and mindset techniques to create a very flexible, often life changing walking course that has all kinds of physical and emotional benefits. [Walking Groups Essex | 01702 662 418 \(simplystride.co.uk\)](#)

If you are looking for a specific route to take or would like a chat with one of our team members, please email us at forwardmotion@southend.gov.uk

Are you Voter Ready?

The requirement to show photo ID at the polling station, is a new requirement, introduced by the UK Government's Elections Act which was passed last year and comes into effect for the first time this May.

Rob Polkinghorne, Chief Executive and Returning Officer at Southend-on-Sea City Council said: "With elections taking place in Southend-on-Sea in May 2023, it is important that those who want to vote make sure they have an accepted form of ID. It may seem early but checking now means you will be ready to vote in May.

"Residents who do not have one of the accepted forms of ID can apply for free ID either online or by completing a paper application form and sending this to Southend-on-Sea City Council's electoral services team. If you need any help with applying for the free ID or want to request an application form, contact the electoral services team on 01702 215010 or by emailing elections@southend.gov.uk"



Anyone who wants to have their say in the elections this May must also be registered to vote. It only takes five minutes to [register online](#). Voters wishing to apply to their council for free ID should first make sure they are registered to vote.

What identification will be acceptable?

There will be a wide range of photographic identification which will be acceptable.

These include:

- Various concessionary travel passes
- PASS cards
- Ministry of Defence identity cards
- Photocard parking permits issued as part of the Blue Badge scheme
- Driver's licenses
- Passports
- Free Voter Cards, provided by local authorities

Expired photographic identification will also be accepted if the photograph is of a good enough likeness to allow polling station staff to confirm the identity of the holder.

**If you are struggling with cost of living increases
HELP IS AVAILABLE**

Visit <https://onesouthend.com/food-provision-support/...>



SHOEBURYNESS RESIDENTS' ASSOCIATION

If you would like to join or re-join our Association, please fill out the form below and send to shoeburyresidents@gmail.com or to Margaret Albon, SRA Membership Secretary, 92 Gunners Rise, Shoeburyness, Southend-on-Sea, Essex. SS3 9BY.

Our fee is £5 per person or £8 per household and covers the period from 1st April until 31st March 2024.

Cheques payable to “**Shoeburyness Residents Association**”

BACS: Nat West Thorpe Bay, Account Number 70090130 Sort Code: 55 50 28

**Please let us know if you use Bankers Draft & insert details so we know who you are.*

Name:

Address:

.....

.....Post code:

Email address:

If you do not have an email address, please try to use a friend' or neighbour's email so we can send you our monthly newsletter or updates.

Telephone number:

Those members who joined in the last year have already been informed that their membership will last until March 2024. There is no need to register again.

No personal details are shared with any other person or organisation.